

## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Our afternoon teas are freshly prepared and handmade daily by our professional pastry chefs. We hope you enjoy your experience with us.

## Camellia's Tea Selection

### **Chamomile herbal**

A golden cup with a creamy and sweet infusion. An all-time favourite for calming the nerves, soothing irritability, and comforting the digestive system.

### **Earl grey**

Earl Grey's distinct flavour is a result of combining high quality Chinese black tea and oil of bergamot. A beautifully scented tea with bold citrus flavours.

### **English breakfast**

A robust and malty black tea, which is a delicious combination of Assam and Ceylon teas, which have been carefully blended to create a full-bodied, strong cup of breakfast tea.

### **Green mint**

An invigorating tea combining the strength of a high-quality green tea with the delightful sweetness and aroma of mint leaves.

### **Jasmine**

Made from the finest green tea leaves, this delicate Jasmine tea develops sweet and floral jasmine notes with hints of lemon.

### **Lemon and Ginger**

A refreshing combination of lemongrass, lemon peel and ginger, marked by a tangy aroma and an invigorating lemon flavour with a spicy finish.

### **Peppermint**

Blended using only the highest quality mint leaves. This light and invigorating infusion develops delicious, sweet undertones, with a crisp freshness.

### **Sencha Green**

The long green leaves create a beautiful emerald cup with sweetish grassy notes and hints of pine nuts.

### **Very berry**

An exciting, pure fruit tea consisting of a wide selection of juicy berries and dried papaya, characterized by a vivid fruitiness and a pleasing sweetness.

## AFTERNOON TEA MENU

Served from 2-5pm



### Traditional Afternoon Tea

Lebanese chicken bun  
Pan Bagnet egg sandwich  
Parisian ham and cheese sandwich  
Prawn and granny smith apple sandwich

Warm Spinach and parmesan quiche

Chef's selection of homemade cakes and pastries

Warm fruit & plain scones with clotted cream  
and preserves

**£29 per person**

### Vegetarian Afternoon Tea

Lebanese cucumber sandwich  
Pan Bagnet egg sandwich  
Parisian cheese sandwich

Sweet potato and granny smith apple in brown  
bloomer

Warm Spinach and parmesan quiche

Chef's selection of homemade cakes and pastries

Warm fruit & plain scones with clotted cream  
and preserves

**£29 per person**

**Add a glass of Champagne £14**

**Add a glass of Prosecco £11**

**Add a Cocktail £11.50**

### Non Containing Gluten Afternoon

Lebanese chicken bun  
Pan Bagnet egg sandwich  
Parisian ham and cheese sandwich  
Prawn and granny smith apple sandwich

Warm Spinach and parmesan quiche

Chef's selection of homemade cakes and pastries

Warm fruit & plain scones with clotted cream  
and preserves

**£29 per person**

### Children's Afternoon Tea

Ham sandwich  
Cheese sandwich  
Jam sandwich

Fruit scone with clotted cream and jam

Chef's selection of homemade cakes and  
patisseries

A choice of apple, orange or hot chocolate drink

**£14 per child**